

**Rejuvenation Massage
Confidential Client Health Information**

Name: _____ **Date:** _____
Address: _____
Email Address: _____ **Occupation:** _____
Phone Number: Home _____ **Cell:** _____ **Work:** _____
Emergency Contact: _____ **Phone:** _____
Date of Birth: _____ **Who referred you to this office? Name:** _____
0 Advertisement 0Sign 0Other: _____

Have you ever received a professional massage? _____

What are your intentions or expectations for this visit? _____

Present symptoms: What is your major complaint or condition you want to improve?

What activities aggravate the condition? _____

What have you done to get relief? _____

List any medications (including aspirin) and nutritional supplements you are taking:

Amount of Water Consumed Daily: _____

Describe the exercise activities you do (include frequency): _____

Please list (date and description) any accidents or operations: _____

Please list any additional comments regarding your health and well-being: _____

It is my choice to receive massage. I realize that the massage is being given for the well being of my body and mind. This includes stress reduction, relief from muscular tension, spasm, pain, or for increasing circulation or energy flow. I understand that practitioners do not diagnose illness, disease, or any physical or mental disorder; nor do they prescribe medical treatment, pharmaceuticals, or perform spinal thrust manipulations. I acknowledge that massage is not a substitute for medical examination or diagnosis, and that is recommended that I see a primary health provider for that service. I have stated all medical conditions that I am aware of and will update the practitioner of any changes in my health status. I agree to communicate with my practitioner at any time I feel my well being is being compromised. The practitioner and Rejuvenation Massage reserve the right to refuse service for reasons of safety, and in the event of a client's needs exceeding the practitioner's knowledge, skills, and abilities.

SIGNATURE: _____ **Date:** _____